

Overall Programme Aim

To provide supports to migrant women who are currently seeking to access the labour market which will enable them to gain the required knowledge and skills to enter further education, training supports and employment.

The project focuses on 3 areas:

- English Language for Work Purposes (FETAC Level 3, 4 and 5)
- Career Pathways Mapping and Mentoring
- Job Skills Preparation

Cost:

Free of charge

Venue:

Navan and Kells, Co. Meath

Who can attend?

All Migrant Women living in Navan and Kells, Co. Meath.

Interested in participating in these courses?

For more information contact:

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Cultur

Migrant Centre

CYWS Hall

Fairgreen

Navan, Co. Meath

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Our Vision:

A culturally inclusive society, where migrants, asylum seekers and refugees enjoy full participation and equality.

Our Mission:

Cultur is a community organisation that works with migrants, asylum seekers and refugees promoting equal rights and opportunities to develop an intercultural County Meath.



The R.E.A.C.H. Project

Realising Equality, Achieving Change Holistically

A programme for Migrant Women living in Co. Meath enabling access to mainstream education, training and employment opportunities



Ireland's EU Structural Funds Programme 2007 - 2013
Co-funded by the Irish Government and the European Union



An Roinn Gnóthaí, Pobail, Comhionannais agus Gaeltachta
Department of Community, Equality and Gaeltacht Affairs



“Investing in your future”

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“Investing in your future”

ESOL – English for Speakers

of Other Languages

Do you want to improve your English Language skills?

Do you want to progress to higher level education training or advance within the workplace?

Courses will cover:

- Reading Comprehension
- Writing Skills
- Speaking
- Listening
- Use of English Language

Navan

FETAC Level 5

Evening Course – 2 classes a week - 100 hours

Kells

FETAC Level 3

Morning course – 3 classes a week - 80 hours

FETAC Level 4

Afternoon course – 3 classes a week - 80 hours

Dates:

- **Kells:** February – April 2011
- **Navan:** February – May 2011

Career Pathways

Mapping and Mentoring

Are you not sure about your career future, unaware of your competencies, seeking information on education options, not feeling confident with regard to Irish Labour Market, this is a programme designed for you!

The course will cover:

- Assessment of your English Language skills (FETAC Framework)
 - Session on Employment Law – your rights in the workplace
 - Review of your qualifications, skills and knowledge from the perspective of an Irish employer
 - Matching your skills to the Irish job market
 - Exploring and assessing your career and education options
 - One to one pathways planning and mentoring supports
 - Introduction to the Irish Education system and identification of student fit based on previous qualifications
 - Mapping Qualification Recognition
 - Cultural Career Planning and decision making workshop
 - Access to IT as a tool for career and education options seeking
 - Session on budgeting
 - Referrals for further supports to mainstream agencies in the county
 - Access to a Social Support Officer available to respond to any of your issues regarding Social Welfare, Housing, Childcare etc.
- Dates:**
- **Kells:** 31st January – 25th February 2011, 5 mornings a week, 60 hours
 - **Navan:** 28th February – 29th March 2011, 5 mornings a week, 60 hours

Job Skills Preparation

Are you ready to take up Employment? Are you prepared to transfer your work skills and experience to an Irish labour market? Do you need support in order to enter employment? This course will prepare you to achieve your goals!

The course will cover:

- Assessment of your English Language skills (FETAC Framework)
 - Session on Employment Law – your rights in the workplace
 - Review of your qualifications, skills and knowledge from the perspective of an Irish employer
 - Matching your skills to the Irish job market
 - One to one mentoring supports
 - Confidence building techniques
 - Session on how to start your own business
 - Developing interview and job search skills and techniques
 - CV and cover letter preparation
 - Self assessment with regard to your competencies and job skills
 - Access to IT as a tool for job seeking and skills audit
 - Referrals for further supports to mainstream agencies in the county
 - Access to a Social Support Officer available to respond to any of your issues regarding Social Welfare, Housing, Childcare etc.
- Dates:**
- **Kells:** 28th March – 22nd April 2011, 5 mornings a week, 60 hours
 - **Navan:** 3rd May – 30th May 2011, 5 mornings a week, 60 hours